

UPPER VALLEY NATURAL HEALTH CENTER

Rebecca Chollet, ND

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Phone (802) 281-6989 • Fax (802) 281-6988

Our Fees

as of January 1, 2024

Under the federal No Surprises Act, health care providers are required to give an estimate of the total cost of medical services to patients who self-pay in order to protect patients from unexpected medical bills. **If you are uninsured, if you choose not to use your health insurance, or if Dr. Becky Chollet is out-of-network with your plan, you may request a written Good-Faith Estimate for any service you wish to schedule at our office.**

As a streamlined solution to this requirement, we are disclosing our fees for typical office visits, procedures, and lab services that Dr. Becky provides at the Upper Valley Natural Health Center.

New Patient – First Office Visit			
Complexity	Time	CPT	Fee
Straightforward	15 – 19 min	99202	115. ⁰⁰
Low	30 – 44 min	99203	170. ⁰⁰
Moderate	45 – 59 min	99204	245. ⁰⁰
High	60 – 74 min	99205	306. ²⁵
Established Patient – Follow-Up Office Visits			
Complexity	Time	CPT	Fee
Straightforward	10 – 19 min	99212	75. ⁰⁰
Low	20 – 29 min	99213	120. ⁰⁰
Moderate	30 – 39 min	99214	170. ⁰⁰
High	40 – 54 min	99215	237. ⁵⁰
Prolonged Office Visit	15 min	99417	87. ⁵⁰
Prolonged Indirect Care	30 – 74 min	99358	170. ⁰⁰
Established Patient - Telehealth Phone Visits			
Brief	5 – 10 min	99441	30. ⁰⁰
Straightforward	11 – 19 min	99442	60. ⁰⁰
Low	20 – 20 min	99443	96. ⁰⁰
Procedures		CPT	Fee
Earwax Extraction (one ear)		69210	85. ⁰⁰
Injection		96372	35. ⁰⁰
Finger Stick		36416	12. ⁵⁰
In-Office Labs		CPT	Fee
Urinalysis - Dipstick		81002	5. ⁰⁰
Rapid Strep		87880	30. ⁰⁰
POS Blood Glucose – Finger		82962	11. ²⁵

Please note:

- Specific service(s) from the above list are chosen at the end of your visit based on an industry-wide standard that considers complexity of medical decision making and time devoted to care.

- In-network insurance contracts may limit allowable rates below our posted fees, which may provide you some savings.
- Only some insurance plans cover audio-only telehealth visits (phone visits). In most cases, patients are charged our typical non-covered phone visit fee of \$45 per 15 min interval.
- Patients who self-pay are eligible for a 20% discount off these fees when payment is made in full on the day of the service.

Additional Costs

Dr. Becky may recommend lab tests or imaging studies to be performed at local medical facilities. If you elect to do the test(s), the facility you choose to use is responsible for billing and providing fee estimates. Dr. Becky may also recommend out-of-pocket functional lab tests. She would inform you of the associated cost and if you choose to do a functional lab test, you would pay the lab directly.

Dr. Becky may recommend specific natural medicines for your health needs. We maintain a natural medicine dispensary from which you may choose to purchase your prescribed natural medicines. Alternatively, you may opt to purchase natural medicines elsewhere.

I understand that I am financially responsible for my medical expenses incurred at the Upper Valley Natural Health Center to the extent that my health insurance does not pay for the services provided. I acknowledge that I have been informed of the fees for the services offered at the Upper Valley Natural Health Center.

Signature of Patient

Signature of Guardian / Representative

 Patient's Name (PRINT)

 Name of Patient's Guardian / Representative (PRINT)

 Date

 Relationship to Patient / Representative Authority

 Date