Upper Valley Natural Health Center

Directions

Our clinic is located in the Simpson Center on **Route 5 in White River Junction, VT** near the border of Norwich, VT. The Simpson Center is at **2456 Christian Street** (aka Rte. 5), immediately adjacent to the sports fields at the Dothan Brook Elementary School. We are just inside the front door of the red office building.



Advanced Transit Directions

Please take the **Green Route** to our office:

- From the north (Hanover): request the stop at Jericho Street and walk south on Route 5 for 200 feet.
- From the south (WRJ): use the stop at Billings Farm Rd., cross the street to the Dothan Brook Elementary School, and walk north 200 feet.

<u>Driving Directions</u> GPS devices do <u>not</u> recognize our address. Please use the directions below.

From I-91 N (White River Junction and south): take Exit 12 for Wilder. At the bottom of the ramp, turn left onto Bugbee Street and proceed 0.4 miles to the end. Turn right onto Christian Street and proceed 1.2 miles to the end. Turn left onto Route 5/Christian Street and drive 0.3 miles past the Dothan Brook Elementary School. Turn left immediately after the school parking lot, playground and sports fields.

From I-91 S (Norwich and north): take Exit 13 for Norwich/Hanover. At the bottom of the ramp, proceed straight onto Route 5 South. The Simpson Center is 1.5 miles south on the right, just past Jericho Street and a yellow school crossing sign. There is a stone waterfall at the front of the white office building of the Simpson Center.

From I-89 N in NH: take the first exit after crossing into Vermont with signs for I-91 North. Follow directions for I-91 N above.

From I-89 S in VT: take the last exit in Vermont (after Exit 1) for I-91 North. Stay left at the fork in the off ramp to get onto I-91 N. Follow directions above.

From Route 4 in VT (Woodstock): take Route 4 into White River Junction. At the stop sign and blinking red light, turn left onto Route 5 North. Stay in the left lane and at the next set of lights, turn left to stay on Route 5 and cross the White River. Follow Route 5 North for 3.0 miles through the village of Wilder and past the Dothan Brook Elementary School. Turn left immediately after the school parking lot, playground, and sports fields.

OR

Take Route 4 for 2.3 miles after I-89. Turn right onto the VA Cutoff Road. At the bottom of the ramp turn left, cross the railroad tracks and the bridge across the White River. Turn right at the end of the bridge and an immediate left onto Christian Street. Follow Christian Street 2.2 miles to the end. Turn left onto Route 5 /Christian Street and drive 0.3 miles past the Dothan Brook School. Turn left immediately after the school parking lot and playground.

(802) 281-6989